

Nutrition and Allergen Disclaimer

1. This Nutrition and Allergen Chart is intended only to help guide menu selections, not as medical or nutritional advice. Each individual is responsible, in cooperation with his or her physician, dietitian or other health consultant, for making personal dietary decisions.
2. Allergen and Gluten Information: We understand the difficulties associated with eating out with food allergies, and we are committed to serving food safely. However, due to the many circumstances, we are unable to guarantee that any menu item is completely free from any particular allergen or animal product, and we assume no responsibility for guests with food allergies, food sensitivities or dietary restrictions.

The nutrition, allergen and/or gluten information presented is based on information provided to The Kebab Shop from food manufacturers and ingredient suppliers. The Kebab Shop's menu is diverse and contains a wide variety of foods, many of which contain one or more of the nine most common food allergens, including but not limited to: Crustacean shellfish, eggs, fish, dairy, peanuts, sesame, soybeans, tree nuts and wheat. Ingredients or production and processing methods used by our suppliers may vary or change without notice and there may be product differences among regional suppliers. Additionally, normal kitchen operations involve shared cooking and preparation areas, and cross-contact with other foods may occur during production or we may occasionally need to substitute ingredients in menu items. **Please be aware that** Falafel, French Fries and Pita Chips are prepared in a shared deep fryer, which may contain **any of the major food allergens and gluten**. Be sure to thoroughly read the allergen information presented and inform a manager or your wait staff of your particular needs.

3. Before placing your food order, explain to the restaurant manager and the person taking your **order that your order must be specially prepared due to a food allergy or dietary restriction**. After receiving your order, confirm with the restaurant personnel, once again, that your order was prepared according to your request. Remind them that this is due to a food allergen, intolerance or restricted eating style and it is very important that your meal was prepared as you directed. Confirm the restaurant personnel are confident that your meal was in fact prepared as you had directed.

Your use of this Nutrition and Allergen Chart implies that you understand this disclaimer and you will defend, indemnify, and hold harmless The Kebab Shop, their officers, directors, employees, agents, licensors, and suppliers, from and against any claims, actions or demands, liabilities and/or settlements including without limitation, reasonable legal fees resulting from, or alleged to result from, your violation of these Terms and Conditions.

NUTRITION INFORMATION

Name	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Total Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Dietary Fiber (g)	Total Sugars (g)	Protein (g)
MENU ITEMS												
FAN FAVORITES												
Fan Favorites: Grilled Wrap: San Diego	1090		470	53	14	0	180	1410	106	10	5	47
Fan Favorites: Grilled Wrap: Chicken Caesar	1020		450	51	13	0	155	1790	84	9	3	60
Fan Favorites: Grilled Wrap: Fire & Honey	940		390	44	13	0	180	1120	93	9	19	46
Fan Favorites: Grains & Greens Bowl: Mezze Crunch	1140		540	60	22	0.5	245	2200	97	7	8	53
Fan Favorites: Grains & Greens Bowl: Chicken Protein Bowl	660		360	40	13	0	185	1340	24	7	8	51
Fan Favorites: Grains & Greens Bowl: Steak & Chimichurri	1040		450	51	19	0.5	145	1740	87	5	7	56
Fan Favorites: Chef's Plate: Classic Mediterranean	1110		420	47	17	0.5	165	2490	113	6	5	57
Fan Favorites: Chef's Plate: Steakhouse	950		280	31	13	0.5	115	1650	107	5	3	54
Fan Favorites: Chef's Plate: Greek Chicken Salad	900		470	52	14	0	190	2210	54	6	9	56
Fan Favorites: Chef's Plate: Shawarma & Hummus	1090		350	40	13	0.5	190	1980	121	9	3	56
BYO WRAP												
Flatbread	445		135	15	4.25	0	0	535	68	6	0	11
Protein: Chicken Shawarma	200		90	10	2.5	0	150	140	0	0	0	28
Protein: Carved Lamb & Beef	370		250	28	11	0	75	840	11	0	1	19
Protein: Mixed Carved	340		190	21	7	0	150	530	5	0	<1	30
Protein: Chickpea Falafel	330		100	11	1	0	0	950	41	9	0	17
Protein: Grilled Saffron Chicken Kebab	280		120	14	2.5	0	135	540	1	0	0	39
Protein: Grilled Sirloin Steak Kebab	300		120	13	4	0	110	280	2	0	<1	40
Protein: Fire Honey Chicken	250		90	10	2.5	0	150	160	14	0	14	28
Topping: Red Cabbage Slaw	35		25	3	0	0	0	5	2	0	<1	0
Topping: Red Onion, Pickled	0		0	0	0	0	0	10	0	0	0	0
Topping: Red Onion, Raw	0		0	0	0	0	0	0	<1	0	0	0
Topping: Romaine Lettuce	0		0	0	0	0	0	0	<1	<1	0	0
Topping: Sliced Jalapenos	0		0	0	0	0	0	0	<1	0	0	0
Topping: Tomato, Cucumber Mix	10		0	0	0	0	0	0	2	<1	1	0
Topping: Crispy Chickpeas	45		10	1	0	0	0	180	8	2	1	2
Topping: Fries	190		80	9	1	0	0	330	24	1	0	2
Topping: Feta Cheese	70		50	5	3.5	0	20	250	<1	0	<1	4
Topping: Chimichurri Veggies	45		35	4	0.5	0	0	65	2	<1	1	<1
Topping: Hummus	40		25	2.5	0	0	0	95	3	<1	<1	1
Topping: Hummus, Fire	40		20	2	0	0	0	105	3	<1	<1	1
Topping: Hummus, Cilantro Jalapeno	30		30	3.5	0	0	0	55	<1	0	0	0
Topping: Kalamata Olives	60		60	7	0.5	0	0	300	3	0	0	0
Topping: Pita Crumbles	40		10	1.5	0	0	0	60	5	0	0	1
Topping: Saffron Rice	120		35	4	2.5	0	0	260	19	0	0	2
Topping: Truffle Brown Rice	90		30	3.5	2	0	0	170	12	<1	0	1
Topping: Tzatziki	70		50	6	3.5	0	20	140	2	0	2	<1
BYO GRAINS BOWL												
Base: Saffron Rice	420		120	14	8	0.5	<5	920	67	<1	0	7
Base: Truffle Brown Rice	390		150	16	8	0	<5	750	56	4	0	6
Base: Fries	660		290	33	3	0	0	1160	84	5	<1	7
Protein: Chicken Shawarma	200		90	10	2.5	0	150	140	0	0	0	28
Protein: Carved Lamb & Beef	370		250	28	11	0	75	840	11	0	1	19
Protein: Mixed Carved	340		190	21	7	0	150	530	5	0	<1	30
Protein: Chickpea Falafel	330		100	11	1	0	0	950	41	9	0	17
Protein: Grilled Saffron Chicken Kebab	280		120	14	2.5	0	135	540	1	0	0	39
Protein: Grilled Sirloin Steak Kebab	300		120	13	4	0	110	280	2	0	<1	40
Protein: Fire Honey Chicken	250		90	10	2.5	0	150	160	14	0	14	28
Topping: Red Cabbage Slaw	35		25	3	0	0	0	5	2	0	<1	0
Topping: Red Onion, Pickled	0		0	0	0	0	0	10	0	0	0	0
Topping: Red Onion, Raw	0		0	0	0	0	0	0	<1	0	0	0
Topping: Romaine Lettuce	0		0	0	0	0	0	0	<1	<1	0	0
Topping: Sliced Jalapenos	0		0	0	0	0	0	0	<1	0	0	0
Topping: Tomato, Cucumber Mix	10		0	0	0	0	0	0	2	<1	1	0
Topping: Crispy Chickpeas	45		10	1	0	0	0	180	8	2	1	2
Topping: Fries	190		80	9	1	0	0	330	24	1	0	2
Topping: Feta Cheese	70		50	5	3.5	0	20	250	<1	0	<1	4
Topping: Chimichurri Veggies	45		35	4	0.5	0	0	65	2	<1	1	<1
Topping: Hummus	40		25	2.5	0	0	0	95	3	<1	<1	1
Topping: Hummus, Fire	40		20	2	0	0	0	105	3	<1	<1	1
Topping: Hummus, Cilantro Jalapeno	30		30	3.5	0	0	0	55	<1	0	0	0
Topping: Kalamata Olives	60		60	7	0.5	0	0	300	3	0	0	0
Topping: Pita Crumbles	40		10	1.5	0	0	0	60	5	0	0	1
Topping: Saffron Rice	120		35	4	2.5	0	0	260	19	0	0	2
Topping: Truffle Brown Rice	90		30	3.5	2	0	0	170	12	<1	0	1
Topping: Tzatziki	70		50	6	3.5	0	20	140	2	0	2	<1
BYO GREENS BOWL												
Base: SuperGreens or Romaine	15		0	0	0	0	0	25	2	1	0	1
Protein: Chicken Shawarma	200		90	10	2.5	0	150	140	0	0	0	28
Protein: Carved Lamb & Beef	370		250	28	11	0	75	840	11	0	1	19
Protein: Mixed Carved	340		190	21	7	0	150	530	5	0	<1	30
Protein: Chickpea Falafel	330		100	11	1	0	0	950	41	9	0	17
Protein: Grilled Saffron Chicken Kebab	280		120	14	2.5	0	135	540	1	0	0	39
Protein: Grilled Sirloin Steak Kebab	300		120	13	4	0	110	280	2	0	<1	40
Protein: Fire Honey Chicken	250		90	10	2.5	0	150	160	14	0	14	28
Topping: Red Cabbage Slaw	35		25	3	0	0	0	5	2	0	<1	0
Topping: Red Onion, Pickled	0		0	0	0	0	0	10	0	0	0	0
Topping: Red Onion, Raw	0		0	0	0	0	0	0	<1	0	0	0
Topping: Romaine Lettuce	0		0	0	0	0	0	0	<1	<1	0	0
Topping: Sliced Jalapenos	0		0	0	0	0	0	0	<1	0	0	0
Topping: Tomato, Cucumber Mix	10		0	0	0	0	0	0	2	<1	1	0
Topping: Crispy Chickpeas	45		10	1	0	0	0	180	8	2	1	2

Topping: Fries	190	80	9	1	0	0	330	24	1	0	2
Topping: Feta Cheese	70	50	5	3.5	0	20	250	<1	0	<1	4
Topping: Chimichurri Veggies	45	35	4	0.5	0	0	65	2	<1	1	<1
Topping: Hummus	40	25	2.5	0	0	0	95	3	<1	<1	1
Topping: Hummus, Fire	40	20	2	0	0	0	105	3	<1	<1	1
Topping: Hummus, Cilantro Jalapeno	30	30	3.5	0	0	0	55	<1	0	0	0
Topping: Kalamata Olives	60	60	7	0.5	0	0	300	3	0	0	0
Topping: Pita Crumbles	40	10	1.5	0	0	0	60	5	0	0	1
Topping: Saffron Rice	120	35	4	2.5	0	0	260	19	0	0	2
Topping: Truffle Brown Rice	90	30	3.5	2	0	0	170	12	<1	0	1
Topping: Tzatziki	70	50	6	3.5	0	20	140	2	0	2	<1
BYO CHEF'S PLATE											
Plate, Chicken Shawarma	310	130	14	4	0	225	210	0	0	0	42
Plate, Carved Lamb & Beef	560	380	42	16	0	110	1260	16	0	2	28
Plate, Mixed Carved	430	250	28	10	0	165	740	8	0	1	35
Plate, Chickpea Falafel	400	120	13	1.5	0	0	1140	49	11	0	20
Plate, Grilled Saffron Chicken Kebab	280	120	14	2.5	0	135	540	1	0	0	39
Plate, Grilled Sirloin Steak Kebab	300	120	13	4	0	110	280	2	0	<1	40
Plate, Fire Honey Chicken	380	130	14	4	0	225	250	21	0	21	42
Side: Tzatziki	370	280	32	19	0	115	760	12	<1	10	5
Side: Tzatziki and Pita	560	290	32	19	0	115	1140	48	4	10	12
Side: Hummus	220	120	14	2	0	0	500	18	5	3	7
Side: Hummus (Fire)	200	110	12	1.5	0	0	560	18	5	4	7
Side: Hummus (Cilantro Jalapeno)	170	150	17	2	0	0	300	3	<1	0	2
Side: Hummus and Pita	410	130	14	2	0	0	880	54	8	3	14
Side: Hummus (Fire) and Pita	390	110	13	1.5	0	0	940	54	8	4	14
Side: Hummus (Cilantro Jalapeno) and Pita	360	160	18	2	0	0	680	39	<1	0	9
Side: Chimichurri Veggies	90	70	8	1	0	0	125	4	1	3	1
Side: Chickpea Falafel (Includes OG Yogurt Sauce)	480	190	22	3.5	0	10	1190	50	11	<1	22
Side: Fries	660	290	33	3	0	0	1160	84	5	<1	7
Side: Saffron Rice	420	120	14	8	0.5	<5	920	67	<1	0	7
Side: Pita Bread	190	5	1	0	0	0	380	36	3	0	7
Side: Pita Chips	280	100	11	1	0	0	380	36	3	0	7
Side: Flatbread	450	140	15	4.5	0	0	540	68	6	0	11
Side: Truffle Brown Rice	390	150	16	8	0	<5	750	56	4	0	6
Salad: Greek Salad	220	170	19	6	0	30	640	8	2	4	5
Salad: Greek Salad (No Dressing)	120	90	10	3.5	0	15	470	6	1	2	4
Salad: Citrus Chickpeas	250	90	10	1	0	0	720	33	9	8	9
Salad: Caesar Crunch Salad	260	170	19	5	0	25	700	14	3	3	10
Salad: Caesar Crunch Salad (No Dressing)	150	70	8	3.5	0	20	450	13	2	2	8
1/2 Pita Bread	95	3.6	0.4	0	0	0	190	18	1.5	0	3.5
SIDES, SALADS, DIPS											
Side: Tzatziki	370	280	32	19	0	115	760	12	<1	10	5
Side: Tzatziki and Pita	560	290	32	19	0	115	1140	48	4	10	12
Side: Hummus	220	120	14	2	0	0	500	18	5	3	7
Side: Hummus (Fire)	200	110	12	1.5	0	0	560	18	5	4	7
Side: Hummus (Cilantro Jalapeno)	170	150	17	2	0	0	300	3	<1	0	2
Side: Hummus and Pita	410	130	14	2	0	0	880	54	8	3	14
Side: Hummus (Fire) and Pita	390	110	13	1.5	0	0	940	54	8	4	14
Side: Hummus (Cilantro Jalapeno) and Pita	360	160	18	2	0	0	680	39	<1	0	9
Side: Hummus and Pita, Large	1220	380	43	5	0	0	2650	161	24	9	43
Side: Hummus (Fire) and Pita, Large	1180	340	38	4.5	0	0	2820	163	24	12	41
Side: Hummus (Cilantro Jalapeno) and Pita, Large	1080	480	55	6	0	0	2030	117	11	1	27
Side: Chimichurri Veggies	90	70	8	1	0	0	125	4	1	3	1
Side: Chickpea Falafel (Includes OG Yogurt Sauce)	480	190	22	3.5	0	10	1190	50	11	<1	22
Side: Fries	660	290	33	3	0	0	1160	84	5	<1	7
Side: Saffron Rice	420	120	14	8	0.5	<5	920	67	<1	0	7
Side: Pita Bread	190	5	1	0	0	0	380	36	3	0	7
Side: Pita Chips	280	100	11	1	0	0	380	36	3	0	7
Side: Flatbread	450	140	15	4.5	0	0	540	68	6	0	11
Side: Truffle Brown Rice	390	150	16	8	0	<5	750	56	4	0	6
Salad: Greek Salad	220	170	19	6	0	30	640	8	2	4	5
Salad: Greek Salad (No Dressing)	120	90	10	3.5	0	15	470	6	1	2	4
Salad: Greek Salad, Large	650	510	57	18	0	85	1930	25	5	13	15
Salad: Greek Salad, Large (No Dressing)	370	270	30	11	0	50	1410	19	4	6	13
Salad: Citrus Chickpeas	250	90	10	1	0	0	720	33	9	8	9
Salad: Citrus Chickpeas, Large	750	270	30	3.5	0	0	2160	99	26	23	28
Salad: Caesar Crunch Salad	260	170	19	5	0	25	700	14	3	3	10
Salad: Caesar Crunch Salad (No Dressing)	150	70	8	3.5	0	20	450	13	2	2	8
FRIES											
Side: Fries	660	290	33	3	0	0	1160	84	5	<1	7
Side: Crave Fries	820	420	47	9	0	35	1530	87	5	3	12
Fan Favorite's: Caesar Fries	900	460	51	8	0	25	1850	94	5	1	15
Kebab Fries, Chicken Shawarma	1000	480	54	8	0	160	1370	91	7	4	37
Kebab Fries, Carved Lamb Beef	1170	650	72	16	0	85	2070	101	7	6	28
Kebab Fries, Mixed Carved	1130	590	65	13	0	160	1760	96	7	5	40
Kebab Fries, Chickpea Falafel	1120	500	55	7	0	10	2180	131	16	4	26
Kebab Fries, Grilled Chicken	1080	520	58	8	0	145	1770	92	7	5	48
Kebab Fries, Grilled Sirloin Steak	1090	510	57	10	0	120	1510	92	7	5	50
Kebab Fries, Fire Honey Chicken	1050	480	54	8	0	160	1390	105	7	18	37
SIDE PROTEINS											
Protein: Chicken Shawarma (Side - Includes Flatbread)	750	260	29	8	0	225	750	68	6	0	53
Protein: Carved Lamb & Beef (Side - Includes Flatbread)	1010	510	57	20	0	110	1800	84	6	2	39
Protein: Grilled Saffron Chicken Kebab (Side - Includes Flatbread)	730	260	29	7	0	135	1080	69	6	0	50
Protein: Grilled Sirloin Steak Kebab (Side - Includes Flatbread)	740	250	28	8	0	110	820	70	6	<1	51
Protein: Fire Honey Chicken (Side - Includes Flatbread)	760	240	27	8	0	185	740	86	6	17	46

SAUCES												
Sauce: O.G. Yogurt	90	70	8	2.5	0	10	55	1	0	<1	1	
Sauce: O.G. Yogurt (8oz)	690	590	66	19	0	90	410	11	0	8	10	
Sauce: Cilantro Jalapeno	70	70	8	0.5	0	0	45	2	0	0	0	
Sauce: Cilantro Jalapeno (8 oz)	730	670	78	6	0	0	430	15	4	3	3	
Sauce: Fire Chili	10	0	0	0	0	0	150	2	<1	2	0	
Sauce: Fire Chili (8 oz)	90	10	1	0	0	0	1170	18	5	12	4	
Sauce: Dill Yogurt	90	80	9	2.5	0	10	170	2	0	2	<1	
Sauce: Dill Yogurt (8 oz)	730	640	71	18	0	90	1390	18	0	17	4	
Sauce: Citrus Vinaigrette	90	80	9	1.5	0	0	310	<1	0	0	0	
Sauce: Citrus Vinaigrette (8 oz)	980	960	108	15	0	0	3490	9	0	3	0	
Sauce: Caesar Dressing	110	100	11	2	0	5	250	1	0	0	1	
Sauce: Caesar Dressing (8 oz)	900	810	90	17	0	50	1990	10	0	1	11	
FAMILY PACKS & CATERING												
FAMILY PACKS (nutrition information for entire menu 1 em)												
Family Pack Protein: Chicken Shawarma, Large	1850	770	86	24	0	1350	1280	1	<1	0	251	
Family Pack Protein: Chicken Shawarma, Small	1230	510	57	16	0	895	850	<1	0	0	167	
Family Pack Protein: Carved Lamb & Beef, Large	2240	1510	168	64	0	440	5040	64	0	8	112	
Family Pack Protein: Carved Lamb & Beef, Small	3360	2270	252	96	0	660	7560	96	0	12	168	
Family Pack Protein: Chickpea Falafel, Large	2380	720	81	8	0	0	6820	293	66	0	122	
Family Pack Protein: Chickpea Falafel, Small	1590	480	54	5	0	0	4550	195	44	0	81	
Family Pack Protein: Grilled Saffron Chicken Kebab, Large	1700	740	84	16	0	795	3260	7	2	1	234	
Family Pack Protein: Grilled Saffron Chicken Kebab, Small	1190	470	53	16	0	440	1140	7	<1	4	161	
Family Pack Protein: Grilled Sirloin Steak Kebab, Large	1780	710	79	24	0	660	1710	10	<1	5	242	
Family Pack Protein: Grilled Sirloin Steak Kebab, Small	1140	500	56	11	0	530	2170	5	2	<1	156	
Family Pack Protein: Fire Honey Chicken, Large	2290	770	86	24	0	1345	1480	127	1	125	251	
Family Pack Protein: Fire Honey Chicken, Small	1530	520	57	16	0	895	980	85	less than 1g	83	167	
Family Pack, Large, Chicken Shawarma	9820	4690	526	166	5	1740	17010	850	39	57	393	
Family Pack, Large, Carved Lamb Beef	11330	6180	692	239	4.5	1050	23300	944	39	69	309	
Family Pack, Large, Grilled Saffron Chicken Kebab	9670	4660	524	158	4.5	1185	18990	855	41	58	375	
Family Pack, Large, Grilled Sirloin Steak Kebab	9750	4620	519	167	4.5	1050	17440	858	40	62	383	
Family Pack, Large, Fire Honey Chicken	10260	4690	526	166	5	1735	17210	975	40	181	392	
Family Pack, Small, Chicken Shawarma	6520	3120	351	107	3	1120	10690	564	28	30	262	
Family Pack, Small, Carved Lamb Beef	7540	4120	462	155	3	670	14880	627	27	38	208	
Family Pack, Small, Grilled Saffron Chicken Kebab	6430	3100	350	102	3	760	12010	567	29	31	252	
Family Pack, Small, Grilled Sirloin Steak Kebab	6480	3080	347	107	3	670	10980	569	28	34	257	
Family Pack, Small, Fire Honey Chicken	6820	3120	351	107	3	1125	10830	647	28	113	263	
CATERING (nutrition information for entire menu 1 em)												
Catering Menu: Trays, Protein: Chicken Shawarma, Large	7180	3000	334	93	1.5	5235	4980	5	2	<1	975	
Catering Menu: Trays, Protein: Chicken Shawarma, Small	3590	1500	167	46	1	2615	2490	3	<1	0	488	
Catering Menu: Trays, Protein: Carved Lamb Beef, Large	11210	7560	840	320	0	2200	25210	320	0	40	560	
Catering Menu: Trays, Protein: Carved Lamb Beef, Small	5600	3780	420	160	0	1100	12610	160	0	20	280	
Catering Menu: Trays, Protein: Chickpea Falafel, Large	6620	2010	224	21	0.5	0	18950	813	182	0	338	
Catering Menu: Trays, Protein: Chickpea Falafel, Small	3310	1010	112	11	0	0	9480	406	91	0	169	
Catering Menu: Trays, Protein: Grilled Saffron Chicken, Large	6810	2980	335	63	0	3180	13030	28	10	6	937	
Catering Menu: Trays, Protein: Grilled Saffron Chicken, Small	3410	1490	167	32	0	1590	6520	14	5	3	469	
Catering Menu: Trays, Protein: Grilled Sirloin Steak, Large	3560	1410	158	49	0	1320	3420	20	2	11	484	
Catering Menu: Trays, Protein: Grilled Sirloin Steak, Small	7120	2830	316	97	0	2640	6830	39	4	22	968	
Catering Menu: Trays, Protein: Fire Honey Chicken, Large	8910	3000	334	93	1.5	5230	5740	493	5	485	977	
Catering Menu: Trays, Protein: Fire Honey Chicken, Small	4460	1500	167	46	1	2615	2870	247	3	242	488	
Catering Menu: Trays, Salads: Greek Salad, Large	3930	3080	342	109	1	525	12170	159	30	76	96	
Catering Menu: Trays, Salads: Greek Salad, Small	1970	1540	171	54	0	265	6090	80	15	38	48	
Catering Menu: Trays, Salads: Citrus Chickpeas, Large	4980	1790	201	24	0	0	14410	659	176	155	185	
Catering Menu: Trays, Salads: Citrus Chickpeas, Small	2490	890	100	12	0	0	7200	330	88	77	92	
Catering Menu: Trays, Sides: Fries, Large	13130	5870	652	56	1	0	23140	1679	96	19	137	
Catering Menu: Trays, Sides: Fries, Small	6570	2940	326	28	0.5	0	11570	839	48	10	68	
Catering Menu: Trays, Sides: Pita Bread, Large	3800	140	16	0	0	0	7600	720	60	0	140	
Catering Menu: Trays, Sides: Pita Bread, Small	1900	70	8	0	0	0	3800	360	30	0	70	
Catering Menu: Trays, Sides: Saffron Rice, Large	9020	2550	288	173	11	100	19620	1433	21	7	139	
Catering Menu: Trays, Sides: Saffron Rice, Small	4510	1270	144	87	5	50	9810	717	10	4	69	
Catering Menu: Trays, Sides: Hummus & Pita, Large	7700	2320	260	32	0	0	16630	1038	147	55	273	
Catering Menu: Trays, Sides: Hummus & Pita, Small	3850	1160	130	16	0	0	8320	519	74	27	137	
Catering Menu: Trays, Sides: Hummus (Spicy) & Pita, Large	7440	2050	230	28	0	0	17700	1052	151	73	262	
Catering Menu: Trays, Sides: Hummus (Spicy) & Pita, Small	3720	1030	115	14	0	0	8850	526	76	36	131	
Catering Menu: Bakiava Bowl	5350	2310	257	91	0	335	1980	696	36	348	89	
Catering Menu: Lunchbox: Chicken Shawarma (per serving)	1050	450	51	18	1	205	1530	99	4	5	47	
Catering Menu: Lunchbox: Carved Lamb Beef (per serving)	1170	600	67	25	0.5	90	2190	110	4	6	30	
Catering Menu: Lunchbox: Chickpea Falafel (per serving)	1120	440	50	15	0.5	15	2300	140	13	5	29	
Catering Menu: Lunchbox: Grilled Saffron Chicken (per serving)	1080	470	53	17	0.5	150	1900	100	4	5	51	
Catering Menu: The Lunchbox: Fire Honey Chicken (per serving)	890	370	42	14	0.5	165	1200	90	3	18	37	
Catering Menu: Wrap, Chicken Shawarma (per serving)	930	430	48	11	0	195	840	78	8	4	49	
Catering Menu: Wrap, Carved Lamb Beef (per serving)	1050	570	64	18	0	85	1500	88	8	5	33	
Catering Menu: Wrap, Chickpea Falafel (per serving)	1010	420	47	9	0	10	1610	118	18	4	31	
Catering Menu: Wrap, Grilled Chicken (per serving)	960	440	50	10	0	145	1200	79	9	4	53	
Catering Menu: Wrap, Fire Honey Chicken (per serving)	910	390	44	10	0	160	810	91	8	18	42	
MISC												
Kids												
Kids Protein: Chicken Shawarma	150	60	7	2	0	110	105	0	0	0	21	
Kids Protein: Carved Lamb & Beef	190	130	14	5	0	35	420	5	0	<1	9	
Kids Protein: Chickpea Falafel	200	60	7	0.5	0	0	570	24	5	0	10	
Kids Side: Fries	190	80	9	1	0	0	330	24	1	0	2	
Kids Side: Greek Salad	60	45	5	2	0	10	230	3	<1	1	2	
Kids Side: Saffron Rice	190	50	6	3.5	0	<5	410	30	0	0	3	
Treats												
Treats: Bakiava	220	100	11	4	0	15	85	29	2	15	4	

Treat's: Killer Brownie Brookie	420	180	20	10	0	45	280	60	0	35	0
Treat's: Killer Brownie Kitchen Sink	190	80	10	0	0	15	150	25	0	20	0
Drinks											
Bottled Drink: Mexican Coke, Glass Bottle 12 fl oz	140	0	0	0	0	0	45	40	0	40	0
Bottled Drink: Coca Cola, Plastic Bottle, 20 fl oz	240	0	0	0	0	0	80	70	0	70	0
Bottled Drink: Diet Coke, Plastic Bottle, 20 fl oz	0	0	0	0	0	0	70	0	0	0	0
Fountain Drink: Fanta Orange, 20 fl oz (does not include ice)	250	0	0	0	0	0	70	70	0	70	0
Fountain Drink: Diet Coke, 20 fl oz (does not include ice)	0	0	0	0	0	0	80	0	0	0	0
Fountain Drink: Coke Zero, 20 fl oz (does not include ice)	0	0	0	0	0	0	70	0	0	0	0
Fountain Drink: Minute Maid Lemonade, 20 fl oz (does not include ice)	240	0	0	0	0	0	160	60	0	60	0
Fountain Drink: Cherry Coke, 20 fl oz (does not include ice)	260	0	0	0	0	0	70	70	0	70	0
Fountain Drink: Coca Cola, 20 fl oz (does not include ice)	240	0	0	0	0	0	70	70	0	70	0
Fountain Drink: Iced Black Unsweetened Tea, 20 fl oz (does not include ice)	0	0	0	0	0	0	60	0	0	0	0
Fountain Drink: Sprite, 20 fl oz (does not include ice)	230	0	0	0	0	0	115	60	0	60	0

ALLERGEN INFORMATION

X = Contains Allergen.											
* = Potential Cross Contact with Allergen (cooked in shared deep fryer)											
Name	Contains Egg	Contains Fish	Contains Milk	Contains Peanut	Contains Shellfish	Contains Sesame	Contains Soy	Contains Tree Nuts	Contains Wheat	Contains Gluten	
MENU ITEMS											
FAN FAVORITES											
Fan Favorites: Grilled Wrap: San Diego									X	X	
Fan Favorites: Grilled Wrap: Chicken Caesar	X	X	X				X		X	X	
Fan Favorites: Grilled Wrap: Fire & Honey	X		X			X	X		X	X	
Fan Favorites: Grains & Greens Bowl: Mezze Crunch	X		X			X	X		X	X	
Fan Favorites: Grains & Greens Bowl: Chicken Protein Bowl	X		X			X	X				
Fan Favorites: Grains & Greens Bowl: Steak & Chimichurri	X		X			X	X		X	X	
Fan Favorites: Chef's Plate: Classic Mediterranean	X		X				X		X	X	
Fan Favorites: Chef's Plate: Steakhouse			X				X		X	X	
Fan Favorites: Chef's Plate: Greek Chicken Salad	X		X				X		X	X	
Fan Favorites: Chef's Plate: Shawarma & Hummus			X			X	X		X	X	
BYO WRAP											
Flatbread									X	X	
Protein: Chicken Shawarma											
Protein: Carved Lamb & Beef							X		X	X	
Protein: Mixed Carved							X		X	X	
Protein: Chickpea Falafel						X	*		*	*	
Protein: Grilled Saffron Chicken Kebab											
Protein: Grilled Sirloin Steak Kebab											
Protein: Fire Honey Chicken											
Topping: Red Cabbage Slaw											
Topping: Red Onion, Pickled											
Topping: Red Onion, Raw											
Topping: Romaine Lettuce											
Topping: Sliced Jalapenos											
Topping: Tomato, Cucumber Mix											
Topping: Crispy Chickpeas	X										
Topping: Fries						*	*		*	*	
Topping: Feta Cheese			X								
Topping: Chimichurri Veggies											
Topping: Hummus						X					
Topping: Hummus, Fire						X					
Topping: Hummus, Cilantro Jalapeno						X					
Topping: Kalamata Olives											
Topping: Pita Crumbles						*	X		X	X	
Topping: Saffron Rice			X				X				
Topping: Truffle Brown Rice			X				X				
Topping: Tzatziki			X								
BYO GRAINS BOWL											
Base: Saffron Rice			X				X				
Base: Truffle Brown Rice			X				X				
Base: Fries						*	*		*	*	
Protein: Chicken Shawarma											
Protein: Carved Lamb & Beef							X		X	X	
Protein: Mixed Carved							X		X	X	
Protein: Chickpea Falafel						X	*		*	*	
Protein: Grilled Saffron Chicken Kebab											
Protein: Grilled Sirloin Steak Kebab											
Protein: Fire Honey Chicken											
Topping: Red Cabbage Slaw											
Topping: Red Onion, Pickled											
Topping: Red Onion, Raw											
Topping: Romaine Lettuce											
Topping: Sliced Jalapenos											
Topping: Tomato, Cucumber Mix											
Topping: Crispy Chickpeas											
Topping: Fries						*	*		*	*	
Topping: Feta Cheese			X								
Topping: Chimichurri Veggies											
Topping: Hummus						X					
Topping: Hummus, Fire						X					
Topping: Hummus, Cilantro Jalapeno						X					
Topping: Kalamata Olives											
Topping: Pita Crumbles						*	X		X	X	
Topping: Saffron Rice			X				X				

Topping: Truffle Brown Rice				X				X				
Topping: Tzatziki				X								
BYO GREENS BOWL												
Base: SuperGreens or Romaine												
Protein: Chicken Shawarma												
Protein: Carved Lamb & Beef								X		X	X	
Protein: Mixed Carved								X		X	X	
Protein: Chickpea Falafel					X			*		*	*	
Protein: Grilled Saffron Chicken Kebab												
Protein: Grilled Sirloin Steak Kebab												
Protein: Fire Honey Chicken												
Topping: Red Cabbage Slaw												
Topping: Red Onion, Pickled												
Topping: Red Onion, Raw												
Topping: Romaine Lettuce												
Topping: Sliced Jalapenos												
Topping: Tomato, Cucumber Mix												
Topping: Crispy Chickpeas												
Topping: Fries								*	*	*	*	
Topping: Feta Cheese				X								
Topping: Chimichurri Veggies												
Topping: Hummus								X				
Topping: Hummus, Fire								X				
Topping: Hummus, Cilantro Jalapeno								X				
Topping: Kalamata Olives												
Topping: Pita Crumbles								*	X		X	X
Topping: Saffron Rice				X				X				
Topping: Truffle Brown Rice				X				X				
Topping: Tzatziki				X								
BYO CHEF'S PLATE												
Plate, Chicken Shawarma												
Plate, Carved Lamb & Beef								X		X	X	
Plate, Mixed Carved								X		X	X	
Plate, Chickpea Falafel						X				*	*	
Plate, Grilled Saffron Chicken Kebab												
Plate, Grilled Sirloin Steak Kebab												
Plate, Fire Honey Chicken												
Side: Tzatziki				X								
Side: Tzatziki and Pita				X				X		X	X	
Side: Hummus								X				
Side: Hummus (Fire)								X				
Side: Hummus (Cilantro Jalapeno)								X				
Side: Hummus and Pita								X	X		X	X
Side: Hummus (Fire) and Pita								X	X		X	X
Side: Hummus (Cilantro Jalapeno) and Pita								X	X		X	X
Side: Chimichurri Veggies												
Side: Chickpea Falafel (Includes OG Yogurt Sauce)	X			X			X	X		*	*	
Side: Fries								*	*		*	*
Side: Saffron Rice				X				X				
Side: Pita Bread								X		X	X	
Side: Pita Chips				*			*	X		X	X	
Side: Flatbread										X	X	
Side: Truffle Brown Rice				X				X				
Salad: Greek Salad	X			X				X				
Salad: Greek Salad (No Dressing)				X								
Salad: Citrus Chickpeas												
Salad: Caesar Crunch Salad	X	X		X				X		X	X	
Salad: Caesar Crunch Salad (No Dressing)				X				X		X	X	
1/2 Pita Bread							X			X	X	
SIDES, SALADS, DIPS												
Side: Tzatziki				X								
Side: Tzatziki and Pita				X				X		X	X	
Side: Hummus								X				
Side: Hummus (Fire)								X				
Side: Hummus (Cilantro Jalapeno)								X				
Side: Hummus and Pita								X	X		X	
Side: Hummus (Fire) and Pita								X	X		X	
Side: Hummus (Cilantro Jalapeno) and Pita								X	X		X	
Side: Hummus and Pita, Large								X	X		X	
Side: Hummus (Fire) and Pita, Large								X	X		X	

Side: Hummus (Cilantro Jalapeno) and Pita, Large						X	X		X	X	
Side: Chimichurri Veggies											
Side: Chickpea Falafel (Includes OG Yogurt Sauce)	X		X			X	X		*	*	
Side: Fries						*	*		*	*	
Side: Saffron Rice			X				X				
Side: Pita Bread							X		X	X	
Side: Pita Chips			*			*	X		X	X	
Side: Flatbread									X	X	
Side: Truffle Brown Rice			X				X				
Salad: Greek Salad	X		X				X				
Salad: Greek Salad (No Dressing)			X								
Salad: Greek Salad, Large	X		X				X				
Salad: Greek Salad, Large (No Dressing)			X								
Salad: Citrus Chickpeas											
Salad: Citrus Chickpeas, Large											
Salad: Caesar Crunch Salad	X	X	X				X		X	X	
Salad: Caesar Crunch Salad (No Dressing)			X				X		X	X	
FRIES											
Side: Fries						*	*		*	*	
Side: Crave Fries	X		X			*	X		*	*	
Fan Favorites: Caesar Fries	X	X	X				X		X	X	
Kebab Fries, Chicken Shawarma	X		X			*	X		*	*	
Kebab Fries, Carved Lamb Beef	X		X			*	X		X	X	
Kebab Fries, Mixed Carved	X		X			*	X		*	*	
Kebab Fries, Chickpea Falafel	X		X			X	X		*	*	
Kebab Fries, Grilled Chicken	X		X			*	X		*	*	
Kebab Fries, Grilled Sirloin Steak	X		X			*	X		*	*	
Kebab Fries, Fire Honey Chicken	X		X				X				
PROTEINS (EXTRA SIDES)											
Protein: Chicken Shawarma (Side - Includes Flatbread)									X	X	
Protein: Carved Lamb & Beef (Side - Includes Flatbread)							X		X	X	
Protein: Grilled Saffron Chicken Kebab (Side - Includes Flatbread)									X	X	
Protein: Grilled Sirloin Steak Kebab (Side - Includes Flatbread)									X	X	
Protein: Fire Honey Chicken (Side - Includes Flatbread)									X	X	
SAUCES											
Sauce: O.G. Yogurt	X		X				X				
Sauce: O.G. Yogurt (Boz)	X		X				X				
Sauce: Cilantro Jalapeno											
Sauce: Cilantro Jalapeno (8 oz)											
Sauce: Fire Chili											
Sauce: Fire Chili (8 oz)											
Sauce: Dill Yogurt	X		X				X				
Sauce: Dill Yogurt (8 oz)	X		X				X				
Sauce: Citrus Vinaigrette											
Sauce: Citrus Vinaigrette (8 oz)											
Sauce: Caesar Dressing	X	X	X				X			May Contain	
Sauce: Caesar Dressing (8 oz)	X	X	X				X			May Contain	
FAMILY PACKS & CATERING											
FAMILY PACKS (nutrition information for entire menu item)											
Family Pack Protein: Chicken Shawarma, Large											
Family Pack Protein: Chicken Shawarma, Small											
Family Pack Protein: Carved Lamb & Beef, Large							X		X	X	
Family Pack Protein: Carved Lamb & Beef, Small							X		X	X	
Family Pack Protein: Chickpea Falafel, Large						X			*	*	
Family Pack Protein: Chickpea Falafel, Small						X			*	*	
Family Pack Protein: Grilled Saffron Chicken Kebab, Large											
Family Pack Protein: Grilled Saffron Chicken Kebab, Small											
Family Pack Protein: Grilled Sirloin Steak Kebab, Large											
Family Pack Protein: Grilled Sirloin Steak Kebab, Small											
Family Pack Protein: Fire Honey Chicken, Large											
Family Pack Protein: Fire Honey Chicken, Small											
Family Pack, Large, Chicken Shawarma	X		X				X				
Family Pack, Large, Carved Lamb Beef	X		X				X				
Family Pack, Large, Grilled Saffron Chicken Kebab	X		X				X				
Family Pack, Large, Grilled Sirloin Steak Kebab	X		X				X				
Family Pack Large, Fire Honey Chicken	X		X				X		X	X	
Family Pack: Small, Chicken Shawarma	X		X				X				

Family Pack: Small, Carved Lamb Beef	X		X			X				
Family Pack: Small, Grilled Saffron Chicken Kebab	X		X			X				
Family Pack: Small, Grilled Sirloin Steak Kebab	X		X			X				
Family Pack Small Fire Honey Chicken	X		X			X		X	X	
CATERING (nutrition information for entire menu item)										
Catering Menu: Trays, Protein: Chicken Shawarma, Large										
Catering Menu: Trays, Protein: Chicken Shawarma, Small										
Catering Menu: Trays, Protein: Carved Lamb Beef, Large						X		X	X	
Catering Menu: Trays, Protein: Carved Lamb Beef, Small						X		X	X	
Catering Menu: Trays, Protein: Chickpea Falafel, Large					X	*		*	*	
Catering Menu: Trays, Protein: Chickpea Falafel, Small					X	*		*	*	
Catering Menu: Trays, Protein: Grilled Saffron Chicken, Large										
Catering Menu: Trays, Protein: Grilled Saffron Chicken, Small										
Catering Menu: Trays, Protein: Grilled Sirloin Steak, Large										
Catering Menu: Trays, Protein: Grilled Sirloin Steak, Small										
Catering Menu: Trays, Protein: Fire Honey Chicken, Large										
Catering Menu: Trays, Protein: Fire Honey Chicken, Small										
Catering Menu: Trays, Salads: Greek Salad, Large	X		X			X				
Catering Menu: Trays, Salads: Greek Salad, Small	X		X			X				
Catering Menu: Trays, Salads: Citrus Chickpeas, Large										
Catering Menu: Trays, Salads: Citrus Chickpeas, Small										
Catering Menu: Trays, Sides: Fries, Large						*		*	*	
Catering Menu: Trays, Sides: Fries, Small						*		*	*	
Catering Menu: Trays, Sides: Pita Bread, Large						X		X	X	
Catering Menu: Trays, Sides: Pita Bread, Small						X		X	X	
Catering Menu: Trays, Sides: Saffron Rice, Large			X			X				
Catering Menu: Trays, Sides: Saffron Rice, Small			X			X				
Catering Menu: Trays, Sides: Hummus & Pita, Large					X	X		X	X	
Catering Menu: Trays, Sides: Hummus & Pita, Small					X	X		X	X	
Catering Menu: Trays, Sides: Hummus (Spicy) & Pita, Large					X	X		X	X	
Catering Menu: Trays, Sides: Hummus (Spicy) & Pita, Small					X	X		X	X	
Catering Menu: Baklava Bowl			X			X		Pistachio, Walnut's	X	X
Catering Menu: Lunchbox: Chicken Shawarma (per serving)	X		X			X				
Catering Menu: Lunchbox: Carved Lamb Beef (per serving)	X		X			X		X	X	
Catering Menu: Lunchbox: Chickpea Falafel (per serving)	X		X		X	X		*	*	
Catering Menu: Lunchbox: Grilled Saffron Chicken (per serving)	X		X			X				
Catering Menu: Lunchbox: Fire Honey Chicken (per serving)	X		X			X				
Catering Menu: Wrap, Chicken Shawarma (per serving)	X		X			X		X	X	
Catering Menu: Wrap, Carved Lamb Beef (per serving)	X		X			X		X	X	
Catering Menu: Wrap, Chickpea Falafel (per serving)	X		X		X	X		X	X	
Catering Menu: Wrap, Grilled Chicken (per serving)	X		X			X		X	X	
Catering Menu: Wrap, Fire Honey Chicken (per serving)	X		X			X		X	X	
MISC										
Kids										
Kids Protein: Chicken Shawarma										
Kids Protein: Carved Lamb & Beef						X		X	X	
Kids Protein: Chickpea Falafel					X	*		*	*	
Kids Side: Fries					*	*		*	*	
Kids Side: Greek Salad			X							
Kids Side: Saffron Rice			X			X				
Treats										
Treats: Baklava			X			X		Pistachio, Walnut's	X	X
Treats: Killer Brownie Brookie	X		X			X		X	X	
Treats: Killer Brownie Kitchen Sink	X		X			X		X	X	
Drinks										
Bottled Drink: Mexican Coke, Glass Bottle 12 fl oz										
Bottled Drink: Coca Cola, Plastic Bottle, 20 fl oz										
Bottled Drink: Diet Coke, Plastic Bottle, 20 fl oz										
Fountain Drink: Fanta Orange, 20 fl oz (does not include ice)										
Fountain Drink: Diet Coke, 20 fl oz (does not include ice)										
Fountain Drink: Coke Zero, 20 fl oz (does not include ice)										
Fountain Drink: Minute Maid Lemonade, 20 fl oz (does not include ice)										
Fountain Drink: Cherry Coke, 20 fl oz (does not include ice)										
Fountain Drink: Coca Cola, 20 fl oz (does not include ice)										
Fountain Drink: Iced Black Unsweetened Tea, 20 fl oz (does not include ice)										
Fountain Drink: Sprite, 20 fl oz (does not include ice)										